



January to May



# Winter Spring 2024

KANSAS CITY PARKS  
& RECREATION ACTIVITIES



Get your own copy of the 2024  
Winter/ Spring Activity Guide





## OUR MISSION STATEMENT

### Our Mission

To improve the quality of life, health and wellness of our community by providing socially equitable, community-driven programming and environmentally sound natural resource management.

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## More About Us

Kansas City, Missouri Parks and Recreation provides facilities, programs and recreational opportunities for the community that contribute to an aesthetically pleasing environment and enhanced quality of life. The department maintains 221 parks, 12,242 acres of parkland, 158 miles of trails and bikeways, 29 lakes, hundreds of athletic fields and tennis courts, 106 playgrounds, and five public golf courses. Miles of scenic boulevards and parkways crisscross the city, where 48 fountains and 122 monuments and sculptures surprise and delight. Ten community centers, along with eight museums, provide the setting for socially equitable and community-driven programming.

## Board of Parks & Recreation

### Commissioners

Beth Haden, President

Pat Contreras

Tom Gorenc

Stephenie Smith

DePrice Taylor

### Parks & Recreation Director

Chris Cotten



## Rainout Line

Live Update for KC P&R Athletics



You can now check the status of games and programs

SIGN UP FOR  
Email & Text Alerts!

# COMMUNITY CENTERS

The heart of our neighborhoods beats in our community centers. KCMO Parks & Recreation operates ten unique centers throughout the city that provide a wide array of activities, services and events for all ages.

## **ADMISSION**

**YOUTH** (Ages 17 and under )

Facility: Free

## **ADULT**

Facility Pass: \$5/day

**All Access Pass:** \$30/month, \$300/annual

Group (2 or more): \$30 for initial membership, \$10 off for each additional membership, must be members of the same household.

## **SENIOR** (60+)

Facility Pass: \$3/day

All Access Pass: \$20/month, \$200/annual

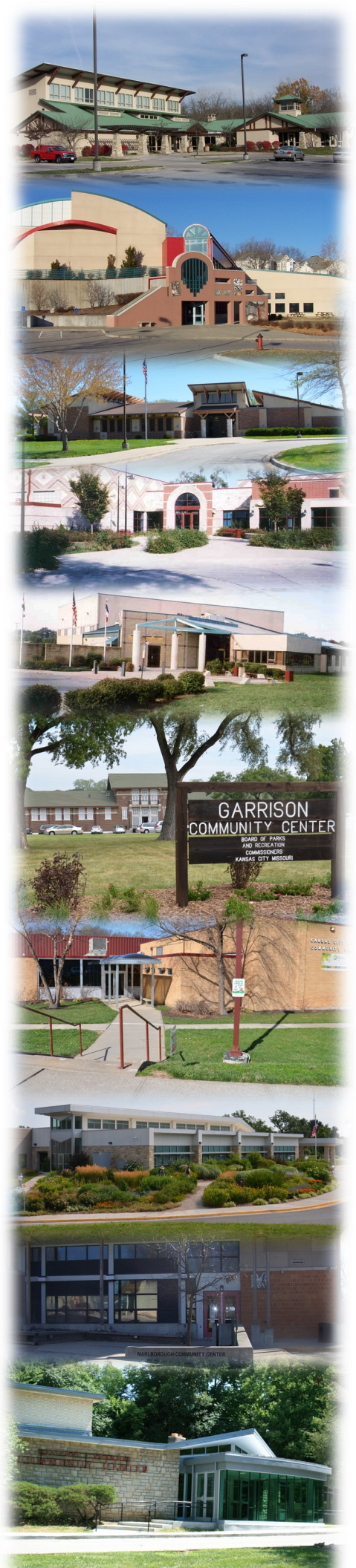
Group (2 or more): \$20 for initial membership, \$10 off for each additional membership, must be members of the same household.

## **LOCATION GUIDE**

<b>BRW</b>	Bruce R. Watkins Cultural Heritage Center
<b>CHS</b>	Central High School
<b>GCC</b>	Garrison Community Center
<b>GKCC</b>	Gregg/ Klice Community Center
<b>HCCC</b>	Hillcrest Community Center
<b>KCNCC</b>	Kansas City North Community Center
<b>LCCC</b>	Line Creek Community Center
<b>MCC</b>	Marlborough Community Center
<b>MWNCC</b>	Mary Williams-Neal Community Center
<b>PV</b>	Pleasant Valley Park Athletic Complex
<b>SCLHM</b>	Shoal Creek Living History Museum
<b>SECC</b>	Southeast Community Center
<b>TACC</b>	Tony Aguirre Community Center
<b>WRCC</b>	Westport Roanoke Community Center



*The KCMO Parks & Recreation Department facilities and programs are available to people of all abilities. If accommodations or individualized supports are needed to participate, please contact Taryn Andersen at (816) 513-7624.*



**GARRISON  
COMMUNITY CENTER**

1124 E. Fifth St., KCMO 64106

P. 816-513-7720

**HOURS OF OPERATION**

Monday - Thursday: 11 a.m. – 9 p.m.  
Friday: 9 a.m.-6 p.m.  
Saturday: 9 a.m.-6 p.m.  
Sunday: CLOSED

**GREGG/KLICE  
COMMUNITY CENTER**

1600 John “Buck” O’Neil Way, KCMO 64108

P. 816-513-0652

**HOURS OF OPERATION**

Monday – Thursday: 6 a.m. - 9 p.m.  
Friday: 6 a.m. - 6 p.m.  
Saturday – Sunday: 9 a.m. - 6 p.m.

**HILLCREST  
COMMUNITY CENTER**

10401 Hillcrest Road, KCMO 64134

P. 816-513-8560

**HOURS OF OPERATION**

Monday - Thursday: 7 a.m. - 9 p.m.  
Friday: 7 a.m. - 6 p.m.  
Saturday/ Sunday: 9 a.m. - 6 p.m.

**KANSAS CITY NORTH  
COMMUNITY CENTER**

3830 N.E. Antioch Road, KCMO 64117

P. 816-513-7740

**HOURS OF OPERATION**

Monday – Thursday: 7 a.m. - 9 p.m.  
Friday: 7 a.m. - 6 p.m.  
Saturday – Sunday: 9 a.m. - 6 p.m.

**LINE CREEK COMMUNITY CENTER  
ICE ARENA**

5940 N.W. Waukomis Drive, KCMO 64151

P. 816-513-0760

**HOURS OF OPERATION**

Monday: 7 a.m. - 9 p.m.  
Tuesday - Friday: 6 a.m. - 9 p.m.  
Saturday/ Sunday: 9 a.m. - 6 p.m.

**MARY WILLIAMS-NEAL  
COMMUNITY CENTER**

3801 Emanuel Cleaver II Blvd., KCMO 64110

P. 816-513-0730

**HOURS OF OPERATION**

Monday - Thursday: 10 a.m. - 9 p.m.  
Friday - Sunday: 9 a.m. - 6 p.m.

**MARLBOROUGH  
COMMUNITY CENTER**

8200 The Paseo Blvd., KCMO 64131

P. 816-513-7800

**HOURS OF OPERATION**

Monday – Thursday: 11 a.m. - 9 p.m.  
Friday - Saturday: 9 a.m. - 6 p.m.  
Sunday: CLOSED

**SOUTHEAST  
COMMUNITY CENTER**

4201 E. 63rd St., KCMO 64130

P. 816-513-0632

**HOURS OF OPERATION**

Monday - Thursday: 6 a.m. - 9 p.m.  
Friday: 6 a.m. - 6 p.m.  
Saturday/ Sunday: 9 a.m. - 6 p.m.

**TONY AGUIRRE  
COMMUNITY CENTER**

2050 W. Pennway, KCMO 64108

P. 816-513-8530

**HOURS OF OPERATION**

Monday – Thursday: 7 a.m. - 9 p.m.  
Friday: 7 a.m. - 6 p.m.  
Saturday and Sunday: 9 a.m. - 6 p.m.

**WESTPORT  
COMMUNITY CENTER**

3601 Roanoke Road, KCMO 64111

P. 816-513-7660

**HOURS OF OPERATION**

Monday - Thursday: 10 a.m. - 9 p.m.  
Friday: 10 a.m. - 6 p.m.  
Saturday/ Sunday: 9 a.m. - 6 p.m.

# SPECIAL MEMBERSHIP PRICE

at KC Parks Community Centers

MARY WILLIAMS-NEAL  
KANSAS CITY NORTH  
MARLBOROUGH  
TONY AGUIRRE  
GREGG/ KLICE  
SOUTHEAST  
LINE CREEK  
WESTPORT  
HILLCREST  
GARRISON



**HOLIDAY SALE**  
Nov. 24, 2023  
to  
Jan. 5, 2024

Coming Soon!  
All NEW  
Fitness  
Equipment

Get \$100 off the cost of Annual All Access Membership

## ADULT ALL ACCESS

Annual Membership

Limited time special **\$200**

Regular price \$300

All Access Monthly  
Membership

Limited time special **\$25**

Regular price \$30

## ACTIVE AGING

ALL ACCESS

Annual Membership

Limited time special **\$100**

Regular price \$200

Monthly Membership

Limited time special **\$15**

Regular price \$20

## YOUTH ALL ACCESS

Annual Membership

**FREE**

Youth 14 and under, must be accompanied by a paying adult. Does NOT include Public Skate.

Line Creek Youth  
Annual Skating Pass

Limited time special **\$100**

Regular price \$175

All Access Memberships MUST be purchased at one of the Community Centers.

The pass may be used for the following at all KC Parks Community Centers:

Swim Lessons (indoor pools only) | Fitness Centers | Open Swim | Open Gym  
Public Ice Skating | Select Classes

This pass cannot be used for room or skate rentals, classes (unless specified), or activity fees.

Offer ends Jan. 5, 2024

[kcparks.org](http://kcparks.org)



The KCMO Parks and Recreation Department facilities and programs are available to people of all abilities. If accommodations or individualized supports are needed to participate, please contact Taryn Andersen at 816-513-7624.



# CALENDAR OF EVENTS

## Equipment Information Tour

This program provides information on how to use the facilities exercise equipment and answer any question members may have regarding the equipment and how it should be properly used.

ACTIVITY CODE:		
AGE	FEE	LOCATION
18+	FREE	HCCC
DAY	DATE	TIME
F	1/26	1 - 2 p.m.
F	2/2	9:30 - 10:30 a.m.

## Sports Jersey Skate

Come out and skate while supporting your favorite sports team! \$5 admission with jersey, \$8 regular admission without, \$2 skate rental.

ACTIVITY CODE: 244504145		
AGE	FEE	LOCATION
All	\$5	LCCC
DAY	DATE	TIME
Sa	2/3	2:45 - 4:45 p.m.



## Valentine's Day Paint and Punch

Come release your inner Picasso for Valentine's Day. Paint and punch for seniors will be a fun event to socialize with others and paint away. Light snacks will be provided!

ACTIVITY CODE: 241501101		
AGE	FEE	LOCATION
All	\$15	MWNCC
DAY	DATE	TIME
F	2/9	1 - 3 p.m.



## Sweetheart Skate

Come out to our annual Sweetheart skate on February 13<sup>th</sup> and enjoy a romantic skate with that special someone. 2 for 1 admission for couples. \$8 admission, \$2 skate rental. 2 for 1 admission for couples.

ACTIVITY CODE: 244504136		
AGE	FEE	LOCATION
All	\$8	LCCC
DAY	DATE	TIME
T	2/13	7 - 8:30 p.m.

## Try Hockey for FREE

Great opportunity for kids aged 4 - 13 years old to try hockey for the first time and free of charge.



ACTIVITY CODE: 244504133		
AGE	FEE	LOCATION
4 - 13	FREE	LCCC
DAY	DATE	TIME
Sa	2/24	10 a.m. - Noon

# SPRING EGG HUNT

## Under-Water EggStravaganza

Grab your swim wear and join us for our underwater Egg Hunt! But first, enjoy games, arts and craft projects, music, and more (We have a shallow area for the little ones!!!) Parents must accompany participants ages 5 and younger in the water.

ACTIVITY CODE:		
AGE	FEE	LOCATION
2+	\$1	GKCC
DAY	DATE	TIME
Sa	3/23	Noon - 2 p.m.

## Egg Hunt

This event provides our community with a safe place to enjoy activities and games with family and friends.

ACTIVITY CODE: 241511140		
AGE	FEE	LOCATION
0 - 13	FREE	SECC
DAY	DATE	TIME
Sa	3/23	2 p.m.

## Family Egg-venture

Bring your family for a day egg-citement! Celebrate with the Bunny, enjoy festive activities and search for hidden treasures.

ACTIVITY CODE: 241506116		
AGE	FEE	LOCATION
All	FREE	TACC
DAY	DATE	TIME
Sa	3/23	2 - 3 p.m.

## Garrison Egg Hunt

Youth of all ages can come and join our egg hunt at Garrison. There will be a variety of activities such as arts and crafts, games, etc.

ACTIVITY CODE: 241507112		
AGE	FEE	LOCATION
2+	FREE	GCC
DAY	DATE	TIME
Sa	3/30	11 a.m. - 1 p.m.

## Spring Egg Hunt

Come out to Line Creek for fun Spring activities, including crafts and the Egg Hunt (starts at 1 p.m.). The eggs go fast, so don't be late! Public Skating to follow at 2 p.m.

ACTIVITY CODE: 241504146		
AGE	FEE	LOCATION
3 - 10	\$5	LCCC
DAY	DATE	TIME
Sa	3/30	12:30 - 1:30 p.m.







## Senior Prom 55+

Join us for the 3<sup>rd</sup> Annual Senior Prom! Put on your best attire and let the party begin! Enjoy our live DJ, refreshments, raffle prizes, and more! We will also crown our 2024 Prom King and Queen.

ACTIVITY CODE:		
AGE	FEE	LOCATION
55+	\$15	GKCC
DAY	DATE	TIME
F	4/19	2 - 5 p.m.

## Valley Ninja Warrior Special Event

Kids can dress up as their favorite super hero/villain and run the obstacle course. Prizes for fastest time per age group and best costume will be awarded. All kids will receive a goodie basket with prizes and a certificate of completing the course.

ACTIVITY CODE: 241508168		
AGE	FEE	LOCATION
3 - 10	\$5	KCNCC
DAY	DATE	TIME
Th	4/4	6 - 7 p.m.



## Mad Hatter's Tea Party

Don't be late for this very important date! Don your most whimsical attire and enjoy a variety of refreshing sips and tasty treats with your favorite Wonderland characters.

ACTIVITY CODE: 241506117		
AGE	FEE	LOCATION
All	\$20	TACC
DAY	DATE	TIME
Su	4/21	1 - 3 p.m.

## Butterfly Brunch

Come celebrate the journey of life while enjoying brunch. Seniors will get to enjoy an activity where they can reflect on their lives and how they've become the beautiful butterfly that they are today. There will also be a hot topic discussion held during the event that you won't want to miss!

ACTIVITY CODE: 241501103		
AGE	FEE	LOCATION
50+	\$10	MWNCC
DAY	DATE	TIME
F	4/19	1 - 3 p.m.

## May the 4<sup>TH</sup> Be with You Skate

May the Fourth be with you! On Saturday, May 4th wear your favorite Star Wars garb (no lightsabers on the ice please). Enjoy some treats and kids can enter the Star Wars coloring contest for a chance to win a prize. ***The best dressed wins a prize!*** \$5 admission, \$2 skate rental. Free admission when wearing Star Wars costume or t-shirt

## Cosmic Glow Skate

Come join us for some fun under the neon lights for our Cosmic Glow Skate. Wear your favorite glow in the dark attire and zoom around the neon lights to out of this world cosmic music. \$8 admission, \$2 skate rental

ACTIVITY CODE: 241504136		
AGE	FEE	LOCATION
All	\$8 admission	LCCC
DAY	DATE	TIME
Sa	4/13	2 - 4:30 p.m.

ACTIVITY CODE: 241504141		
AGE	FEE	LOCATION
All	\$5	LCCC
DAY	DATE	TIME
Sa	5/4	2 - 4:30 p.m.

# ACTIVE AGERS

## Chair Aerobics

Designed to increase muscle strength, range of movement and improve activities for daily living. A chair is used for seating exercises, standing support, and can be modified depending on fitness level. Session I (6 weeks), Session II (7 weeks)

<b>ACTIVITY CODE:</b> 244501104			
<b>AGE</b>		<b>FEE</b>	
50+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/Th	1/2	1 - 2 p.m.	MWNCC
T/Th	3/5	1 - 2 p.m.	MWNCC
T/Th	1/2	10 - 10:45 a.m.	GKCC
T/Th	3/5	10 - 10:45 a.m.	GKCC
M/W	1/3	9:30 - 10:30 a.m.	MCC
M/W	3/4	9:30 - 10:30 a.m.	MCC

## Chair Yoga

Seated yoga will allow individuals to build strength, flexibility and endurance while keeping their heart happy and healthy with light exercises from the comfort of a chair.

<b>ACTIVITY CODE:</b> 233100001			
<b>AGE</b>		<b>FEE</b>	
60+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	1/2	9:30 - 10:30 a.m.	MCC
T	3/4	9:30 - 10:30 a.m.	MCC

## Silver Sneakers Classic

Designed to increase muscle strength, range of movement, and improve activities for daily living. A chair is used for seating exercises and standing support and can be modified depending on fitness level.

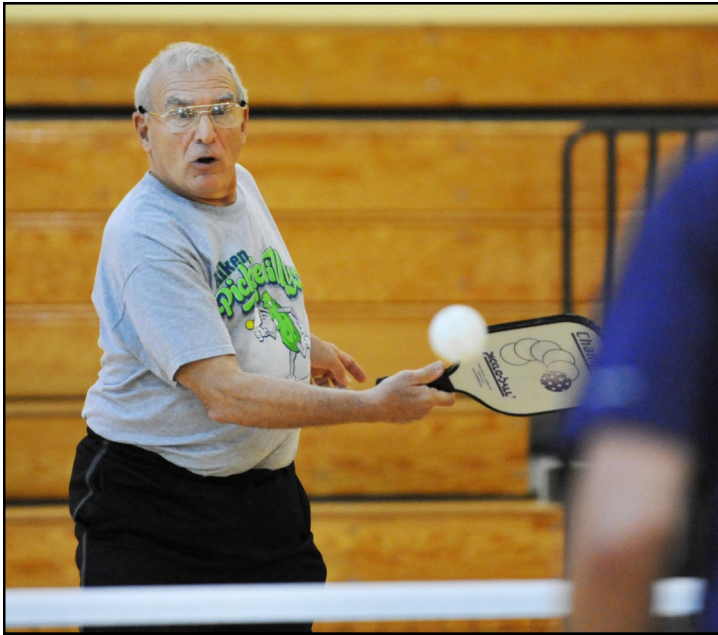
<b>ACTIVITY CODE:</b> 244507110			
<b>AGE</b>		<b>FEE</b>	
55+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/Th	1/2	9:30 - 10:30 a.m.	GCC
T/Th	3/4	9:30 - 10:30 a.m.	GCC
M - Th	1/2	10 - 11 a.m.	HCCC

## Active Agers Club

Active Agers will enhance their brain, develop social skills through table games, and other activities in a positive setting. Free with Silver Sneakers membership.

<b>ACTIVITY CODE:</b> 244505131			
<b>AGE</b>		<b>FEE</b>	
50+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	1/4	Noon	MCC
Th	3/7	Noon	MCC
F	1/5 - 3/5	10 - 11 a.m.	WRCC





### Senior Pickleball

This program will be played two days a week at Hillcrest in a fun and relaxed environment where seniors can learn and enjoy the game.

<b>ACTIVITY CODE:</b>		<b>244502123</b>	
<b>AGE</b>		<b>FEE</b>	
55+		\$75/ Session	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M/ W	1/3 - 5/5	1:30 - 3:30 p.m.	HCCC

### Active Aging Cards & Tiles Club

Explore a wide range of card games such as bridge, gin rummy and euchre. If tile games are more your style, we've got classics like Mahjong, Scrabble and dominoes. Whether you're a seasoned pro or just looking to learn, everyone is welcome! Join us each week of coffee, competition and connection.

<b>ACTIVITY CODE:</b>		<b>244506115</b>	
<b>AGE</b>		<b>FEE</b>	
50+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M	1/8 - 2/26	9 - 11 a.m.	TACC
M	3/4 - 4/29	9 - 11 a.m.	TACC

### Garrison Cooking Club

Join us in the kitchen! We will learn fun recipes that you can take home and share with the family!

<b>ACTIVITY CODE:</b>		<b>244507102</b>	
<b>FEE</b>			
\$5/day (Under age 59)		\$3/ day (60+)	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	1/4	11 a.m. - 1 p.m.	GCC
Th	1/18	11 a.m. - 1 p.m.	GCC
Th	2/1	11 a.m. - 1 p.m.	GCC
Th	2/15	11 a.m. - 1 p.m.	GCC
Th	3/7	11 a.m. - 1 p.m.	GCC
Th	4/4	11 a.m. - 1 p.m.	GCC
Th	4/18	11 a.m. - 1 p.m.	GCC
Th	5/2	11 a.m. - 1 p.m.	GCC



### Senior Walking Club

This program provides an exercise regimen for seniors to be active and stay fit. This programs also helps track their steps to help them reach their exercise goals.

<b>ACTIVITY CODE:</b>		<b>244506114</b>	
<b>AGE</b>		<b>FEE</b>	
60+		\$5	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/ Th	Ongoing	9 - 10 a.m.	HCC
T/ Th	1/2 - 2/29	8 - 9 a.m.	TACC
T/ Th	3/5 - 5/2	8 - 9 a.m.	TACC

# YOUTH PROGRAMS



Come celebrate at our place!  
 KC North, Westport, Line Creek and Hillcrest  
 are available for your next party.

Please contact one of these locations  
 for more details!

## Biddy Ball

Introductory basketball program intended to teach kids the basics of basketball. Parents will assist their child in learning and utilizing the skills and drills.

<b>ACTIVITY CODE:</b> 244540104			
<b>AGE</b>		<b>FEE</b>	
6 - 12		\$40	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	1/6 - 2/10	10 a.m.	SECC



## Volleyball Clinic

This volleyball clinic welcomes girls, ages 12 - 16 to elevate their skills on the court. All aspects of the game will be taught through drills and exercises that focus on passing, setting, hitting and serving. Youth will combine the skills learned to have fun challenges and scrimmages.

<b>ACTIVITY CODE:</b> 241501113			
<b>AGE</b>		<b>FEE</b>	
12 - 16		\$40/ player	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	3/9 - 5/4	10:30 - 11:30 a.m.	MWNCC

## Basketball Skills Training/Play

This program is designed to teach basic basketball skills to youth athletes who are just getting started in basketball. This program will teach fundamentals such as shooting, dribbling, passing and defense of skills.

<b>ACTIVITY CODE:</b> 244501106			
<b>AGE</b>		<b>FEE</b>	
6 - 16		\$40   \$5 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	1/3 - 2/21	6 - 7 p.m.	MWNCC
Sa	1/6 - 2/24	9 - 11 a.m.	HCCC
M	1/22 - 3/11	6 - 7 p.m.	WRCC
W	1/24 - 3/6	6 - 7 p.m.	WRCC

## Black History Month 3 on 3 Tournament

Honoring Black History Month by playing some fun games of basketball 3 on 3. This is a great way for middle school age boys and girls to team up with their best friends and play some basketball in a safe fun environment.

<b>ACTIVITY CODE:</b> 244501113			
<b>AGE</b>		<b>FEE</b>	
11 - 14		\$10 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	2/24	Noon - 3 p.m.	MWNCC



## Brick Builders

Calling all LEGO lovers! Brick Builders is a fun and engaging program for children to explore their creativity by building their own creations and learning basic engineering principles while they play. Builders will participate in individual and team challenges while learning new techniques and having fun!

<b>ACTIVITY CODE:</b> 244506126			
<b>AGE</b>		<b>FEE</b>	
6 - 9		\$40	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	1/4 - 2/8	1 - 2 p.m.	TACC
Th	3/7 - 4/11	1 - 2 p.m.	TACC



## Garrison Community Garden

The community gardening program is a hands-on group and individual learning experience that helps youth develop a love of gardening and an appreciation for nature. Through teamwork we plant fruits and vegetables and learn about nutrition and many other skills.

<b>ACTIVITY CODE:</b>		<b>241507102</b>	
<b>AGE</b>		<b>FEE</b>	
5+		\$5	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M	3/4 - 5/5	5:30 - 6:30 p.m.	GCC

## Toddler Tumbling

We will offer basic gymnastic skills for your little energetic toddlers.

<b>ACTIVITY CODE:</b>		<b>241510121</b>	
<b>AGE</b>		<b>FEE</b>	
3 - 6		\$10/ drop-in   \$80 Session	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	4/6 - 5/25	10 - 11a.m.	WRCC

## Youth Chess Club

Stimulating the mind, deepening awareness, and developing problem solving skills. Chess has a multitude of benefits for all ages and is extremely beneficial to youth by further developing general cognitive ability and scholastic achievement.

<b>ACTIVITY CODE:</b>		<b>244505122</b>	
<b>AGE</b>		<b>FEE</b>	
10 - 18		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M	1/8	6 p.m.	MCC
M	3/4	6 p.m.	MCC
T	1/9	6 p.m.	HCCC

## Want A Job? Teen Career Opportunities

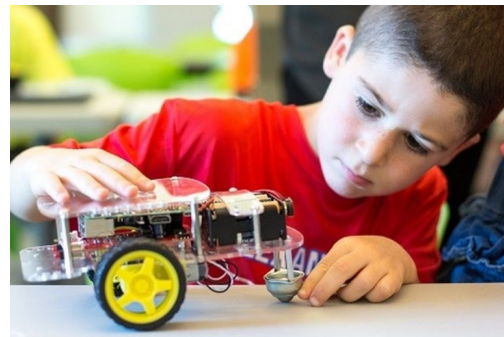
Teens can join us once a month at Garrison Center to expand their knowledge of youth careers and work field education. Teens will also learn about college program field studies and retention.

<b>ACTIVITY CODE:</b>		<b>244507108</b>	
<b>AGE</b>		<b>FEE</b>	
14 - 18		\$10/ class   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M	1/29	5 - 6 p.m.	GCC
M	2/26	5 - 6 p.m.	GCC
M	3/25	5 - 6 p.m.	GCC
M	4/29	5 - 6 p.m.	GCC

## Conflict Resolution Workshop

This workshop will focus on developing skills and learning tools to deal with the everyday conflicts we face, within ourselves and with others. Participants will have key exchanges, and determining discussions within a Circle process group, and learn that their dialogue could be the difference between a conflict and a resolution.

<b>ACTIVITY CODE:</b>		<b>244502112</b>	
<b>AGE</b>		<b>FEE</b>	
10 - 17   18+		\$50	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W/ Th	1/10 - 31	W 6-7p.m.   Th 7-8p.m.	HCCC
W/ Th	2/1 - 22	W 6-7p.m.   Th 7-8p.m.	HCCC



## Robotics

Come join the Westport robotics club! You can learn to build your very own robot!

<b>ACTIVITY CODE:</b>		<b>244510118</b>	
<b>AGE</b>		<b>FEE</b>	
10 - 16		\$40	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	1/2 - 2/27	5 - 6 p.m.	WRCC
T	3/5 - 4/30	5 - 6 p.m.	WRCC

## After School Youth Hour

Fun activities for middle school students to have healthy conversations, problem solving, and engage in motor skills development while participating in recreational activities

<b>ACTIVITY CODE:</b> 244505124			
<b>AGE</b>		<b>FEE</b>	
10 - 18		\$80/ month	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M - F	1/2 - 1/31	3 - 5:30 p.m.	MCC
M - F	2/1 - 2/29	3 - 5:30 p.m.	MCC
M - F	3/1 - 3/29	3 - 5:30 p.m.	MCC



## Youth Strength & Conditioning

This program provides entry level Strength & Conditioning to youth athletes no matter the sport you play, the program also gives athletes a jump on training for their spring and summer sport.

<b>ACTIVITY CODE:</b> 244502126			
<b>AGE</b>		<b>FEE</b>	
7 - 12		\$5 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	1/3 - 2/21	6 - 7 p.m.	HCCC
W	2/28 - 4/17	6 - 7 p.m.	HCCC

## Youth Weights Class

Youth weightlifting classes with a focus on building a proper weightlifting workout, proper techniques, and safety regulations in the gym.

<b>ACTIVITY CODE:</b>			
<b>AGE</b>		<b>FEE</b>	
13 - 18		\$40/ Session   \$7 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	1/3 - 2/21	1 - 1:50 p.m.	KCNCC

## Little Explorers

Bring your little ones out for an hour of exploration doing self-guided activities and play! Little ones will play with different gym equipment, sensory stations, STEM building, etc. This toddler time program is open play and is not instructor led.

<b>ACTIVITY CODE:</b> 244506127			
<b>AGE</b>		<b>FEE</b>	
1 - 5		\$5 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	1/9 - 4/30	9 - 9:50 a.m.	TACC

## Storybook STEAM

Embark on an exciting journey into the world of science, technology, engineering, art, and mathematics (STEAM) with our Storybook STEAM program! This unique and engaging event combines the magic of storytelling with hands-on STEAM activities, providing an educational and entertaining experience for children and families to complete together.

<b>ACTIVITY CODE:</b> 244506110			
<b>AGE</b>		<b>FEE</b>	
4 - 6		\$10/ class	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	1/17	10 - 11:30 a.m.	TACC
W	2/21	10 - 11:30 a.m.	TACC
W	3/13	10 - 11:30 a.m.	TACC
W	4/17	10 - 11:30 a.m.	TACC



## Skateboard Club

Sign up if you would like to join us in doing weekly skateboard hangouts! We will go to the park for an hour to do skateboarding and assist with ones that wish to learn how to get better at it. Helmets and Knee Pads are required.

<b>ACTIVITY CODE:</b> 241510117			
<b>AGE</b>		<b>FEE</b>	
10 - 17		\$75	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Su	3/10 - 4/28	11:40 a.m. - 1 p.m.	WRCC

## Let's Play! Basketball

Let's Play! is an introductory basketball program intended to teach kids the basics of basketball. The goal of the program is for kids to walk away with the 3 F's – fundamentals, friendship and fun! Parents will assist their child in learning and utilizing the skills and drills.

<b>ACTIVITY CODE:</b> 244540105			
<b>AGE</b>		<b>FEE</b>	
4 - 6		\$40	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	1/24 - 3/2	6 - 7 p.m.	MWNCC
Sa	1/27 - 2/28	9 - 10 a.m.	HCCC

## Let's Play! Soccer

Let's Play! is an introductory soccer program intended to teach kids the basics of soccer. The goal of the program is for kids to walk away with the 3 F's – fundamentals, friendship and fun! Parents will assist their child in learning and utilizing the skills and drills.

<b>ACTIVITY CODE:</b> 241540100			
<b>AGE</b>		<b>FEE</b>	
4 - 6		\$40	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	1/27 - 3/3	9 a.m.	WRCC
T	3/5 - 4/9	6 p.m.	WRCC

# Youth Zone Camps

## Schools Day Out Camp

Worried about what to do with your kids on school holidays? Bring them by our center for a mini day camp! Children enjoy sports, games, arts and crafts, and educational activities. This camp is held on weekdays when school is out of session.  
Time: 7:30 a.m. - 5:30 p.m.

<b>ACTIVITY CODE:</b>	
<b>AGE</b>	<b>FEE</b>
6 - 13	\$20/ day
<b>LOCATION</b>	<b>DATES</b>
MWNCC	2/15, 2/16, 4/15
KCNCC	1/2, 1/3, 2/16, 3/22, 4/11, 4/19
HCCC	1/29, 2/8, 2/9, 2/20, 3/11, 4/1
SECC	1/2, 1/3, 2/15, 2/16, 4/15
TACC	1/8, 2/9, 3/15, 4/1, 4/26
WRCC	1/2, 1/3, 2/16, 4/19

## Afterschool Care

Kids will have the opportunity to participate in fun recreation activities as well as complete assignments. A snack will be served to all students. This program only meets on days that school is in session.

<b>ACTIVITY CODE:</b> 241505126			
<b>AGE</b>		<b>FEE</b>	
Grade K - 6		\$80/ month (\$35/ week)	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M - F	1/4 - 5/30	3 - 6 p.m.	KCNCC
M - F	1/9 - 5/23	3 - 6 p.m.	MCC
M - F	1/9 - 5/23	3 - 6 p.m.	TACC
M - F	1/4 - 5/16	3 - 6 p.m.	WRCC



## Spring Break Camp

Spring Break will be a week-long getaway for your children to have a good time in a safe environment. Youth will enjoy arts & crafts, games, athletics/ fitness activities and field trips. Campers must bring their lunch, but snacks will be provided.

<b>ACTIVITY CODE:</b> 241510120			
<b>AGE</b>		<b>FEE</b>	
6 - 13		\$80/ Week	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M - F	3/18 - 3/22	7:30am - 5:30pm	MWNCC
M - F	3/25 - 3/29	7:30am - 5:30pm	HCCC
M - F	3/25 - 3/29	7:30am - 5:30pm	KCNCC
M - F	3/25 - 3/29	7:30am - 5:30pm	SECC
M - F	3/18 - 3/22	7:30am - 5:30pm	TACC
M - F	3/18 - 3/22	7:30am - 5:30pm	WRCC

# Home School

## Homeschool P.E. Youth

Homeschool P.E. offers a way for your child to learn valuable physical and social skills that will last a lifetime. Whether your child is an athlete on a select sports team, or an artist that has never kicked a ball, Homeschool P.E. has something to offer. 4 week sessions

<b>ACTIVITY CODE:</b> 244506103			
<b>AGE</b>		<b>FEE</b>	
6 - 13		\$15/ month   \$5/ drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	2/7 - 2/28	Noon - 12:50 p.m.	KCNCC
W	3/6 - 3/27	Noon - 12:50 p.m.	KCNCC
W	4/4 - 4/24	Noon - 12:50 p.m.	KCNCC
W	5/1 - 5/22	Noon - 12:50 p.m.	KCNCC
Th	1/4 - 1/25	2 - 2:50 p.m.	TACC
Th	2/1 - 2/22	2 - 2:50 p.m.	TACC
Th	3/7 - 3/28	2 - 2:50 p.m.	TACC
Th	4/4 - 4/25	2 - 2:50 p.m.	TACC

## Homeschool P.E. Teen

Tony Aguirre is now offering Homeschool P.E. This program is a fun and engaging environment for homeschool students to get their weekly dose of physical activity. Our instructors create a curriculum that includes a variety of sports, games, and exercises to promote physical fitness and health. Join us for an exciting and rewarding homeschool P.E. experience!

<b>ACTIVITY CODE:</b> 244506112			
<b>AGE</b>		<b>FEE</b>	
10 - 13		\$15/ month   \$5/ drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	1/4 - 1/25	3 - 3:50 p.m.	TACC
Th	2/1 - 2/22	3 - 3:50 p.m.	TACC
Th	3/7 - 3/28	3 - 3:50 p.m.	TACC
Th	4/4 - 4/25	3 - 3:50 p.m.	TACC

## Homeschool Art

This class has its foundation in art history with different projects each week based on the artist, period, or culture. Art history is used as a guide to create art with a focus on techniques, vocabulary, materials, self-expression, and process rather than a specific end project. Learn about modern art and crazy techniques you'll find nowhere else.

<b>ACTIVITY CODE:</b> 244511137			
<b>AGE</b>		<b>FEE</b>	
6 - 13		\$4 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	1/10 - 1/31	1 - 2 p.m.	SECC
W	2/7 - 2/28	1 p.m.	SECC
W	3/6 - 3/27	1 p.m.	SECC
W	4/3 - 5/1	1 p.m.	SECC

## Homeschool Skate

Students will have the opportunity to be physically fit and earn P.E. credit all while having fun doing it. 8 week sessions. Sign up at the center only.

<b>ACTIVITY CODE:</b>			
<b>AGE</b>		<b>FEE</b>	
3 - 18		\$4/ first 2, then \$2/ family	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
F	1/5 - 3/1	9 - 10:30 a.m.	LCCC
F	3/8 - 5/3	9 - 10:30 a.m.	LCCC

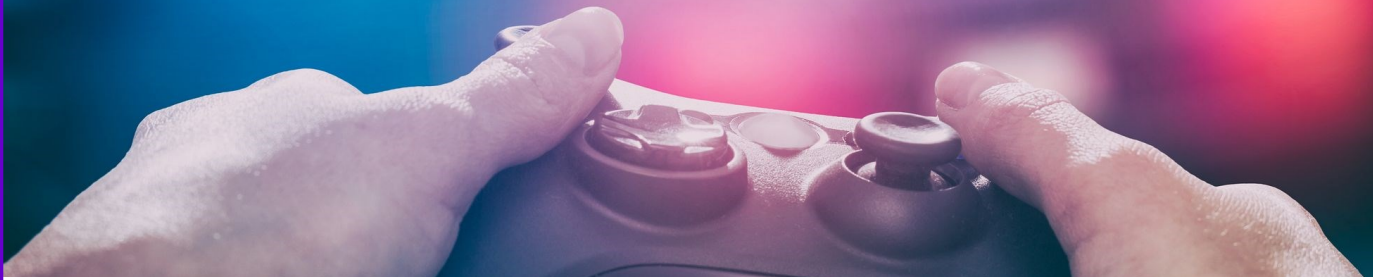
## Homeschool Swim

Dive into a world of aquatic learning and fun with our Homeschool Swim program. Designed exclusively for homeschooling families, this program offers a unique opportunity for students to develop water skills, build confidence and stay active while enjoying the water. Our program combines structured activities and games, water safety education, and open swim to create a well-rounded aquatic experience. \*\*This is not a learn to swim program and participants must be able to swim on own to participate.

<b>ACTIVITY CODE:</b> 244506101			
<b>AGE</b>		<b>FEE</b>	
10 - 13		\$15/ month   \$5/ drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	1/6	3 - 5 p.m.	TACC
Sa	2/3	3 - 5 p.m.	TACC
Sa	3/2	3 - 5 p.m.	TACC
Sa	4/6	3 - 5 p.m.	TACC



# Esports



## Thursday Throwdown Esports Tournament Series

Join us every third Thursday of the month for an esports gaming tournament. Different games will be played using Nintendo switch gaming consoles. Prizes and giveaways to winners and participants. Every third Thursday of the month

<b>ACTIVITY CODE:</b> 244508141		
<b>AGE</b>	<b>FEE</b>	<b>DAY</b>
8 - 13	\$10/ drop-in	Th
<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
1/18, 2/15, 3/21, 4/18	6:30 - 8 p.m.	KCNCC

## Esports Bootcamp

Move your body with video games! Kids will learn and play a sports video game then head to the gym to play that game! 1 hour will be dedicated to that video game and 1 hour to gym time. Example: NBA2K/Basketball, FIFA/Soccer, NHL/Floor hockey, etc.

<b>ACTIVITY CODE:</b> 241508143			
<b>AGE</b>	<b>FEE</b>		
8 - 15	\$5/ drop-in		
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	4/2 - 5/7	5 - 7 p.m.	KCNCC
Th	4/4 - 5/9	5 - 7 p.m.	KCNCC

# Athletics

## Adult Basketball League

Join us for adult basketball. We provide a fun, safe and competitive league for adults.

<b>ACTIVITY CODE:</b> 244540102			
<b>AGE</b>		<b>FEE</b>	
18+		\$40/ player	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Su	1/7 - 2/18	1 - 6 p.m.	TACC



## Women Volleyball

Join us for Women Volleyball. We provide a fun, safe and competitive league for adults.

<b>ACTIVITY CODE:</b> 244540103			
<b>AGE</b>		<b>FEE</b>	
18+		\$100/ team	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	1/10 - 2/28	6 - 8 p.m.	KCNCC

## Noon Ball

Keeping young and older adults active during the middle of the day playing pick up basketball games.

<b>ACTIVITY CODE:</b> 244501107			
<b>AGE</b>		<b>FEE</b>	
21+		\$5 drop-in   Free/ membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	1/3 - 2/21	Noon - 3 p.m.	MWNCC
W	3/5 - 4/24	Noon - 3 p.m.	MWNCC



**Ryogoku Soccer Academy's  
Training Facilities**  
Swope Park (7331)

Training designed to help develop individuals looking to improve their performance at any level. Our coaching staff teaches Globally Innovative and Elite Positional Game Methods. With daily classroom instruction and on the field training, we strive to ensure each individual achieves a high level of understanding that translates to any environment. Additional training opportunities available.

Applications available upon request by emailing [Brad@RyogokuSoccerAcademy.org](mailto:Brad@RyogokuSoccerAcademy.org).

Practice  
Monday, Wednesday, and Thursday.  
5:30 - 7 p.m.



### Pickleball

Come play one of the fastest growing and most popular sports. Get a great workout while having fun learning the game and making friends. Both beginner and advanced play offered.

<b>ACTIVITY CODE:</b>		<b>244502123</b>	
<b>AGE</b>		<b>FEE</b>	
18+		Drop-in \$5/adult, \$3/active ager	
<b>Recreational/ Beginners</b>			
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M/T/W/F	1/2 - 3/1	8 - 10 a.m.	KCNCC
M/T/W/F	3/4 - 5/3	8 - 10 a.m.	KCNCC
M/W	1/3 - 2/28	1:30 - 3:30 p.m.	HCCC
M/W	3/4 - 5/1	1:30 - 3:30 p.m.	HCCC

<b>Advanced Players</b>			
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th/Su	1/2 - 3/3	Th: 8 - 10 a.m. Su: Noon - 4 p.m.	KCNCC
Th/Su	3/7 - 5/5	Th: 8 - 10 a.m. Su: Noon - 4 p.m.	KCNCC
M/W	1/2 - 3/1	10 a.m. - Noon	GCC
M/W	3/4 - 5/3	10 a.m. - Noon	GCC

### Table Tennis

Table Tennis can improve reflexes, hand-eye coordination and balance, while toning and strengthening the core muscles of the upper and lower body. Whether you are a beginner or advanced, join us for open play!

<b>ACTIVITY CODE:</b>		<b>241507108</b>	
<b>AGE</b>		<b>FEE</b>	
18+		Drop-in \$5/adult, \$3/active ager	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M/F	1/2 - 3/1	10 a.m. - Noon	GCC
M/F	3/4 - 5/3	10 a.m. - Noon	GCC



## Join us for Winter/ Spring

FOR BOYS AND GIRLS  
AGES 4-14

Fee \$85

\*Plus \$20 National AYSO  
Fee/Insurance \*

Fee includes training and a full  
jersey kit (shirt, shorts, socks) and  
training provided by our trained  
coaches starting mid-August  
through the end of October.

Register today @  
[www.kcayso.org](http://www.kcayso.org)

Contact us today at:  
[registrar6h1161@gmail.com](mailto:registrar6h1161@gmail.com)

# JOIN IN THE FUN TODAY!

Everyone Plays® | Balanced Teams  
Open Registration | Positive Coaching  
Good Sportsmanship | Player Development

# REGISTER FOR AYSO SOCCER!



**FEES INCLUDE  
SOCCER JERSEY KIT**



**KANSAS CITY**  
Parks & Recreation  
**PARTNER**



# Boxing

## Cardio Boxing

Cardio Boxing combines boxing techniques and cardio fitness to evaluate your heart rate and burn calories.

ACTIVITY CODE:		223100512	
AGE		FEE	
18+		\$5/ day   FREE/ w membership	
DAY	DATES	TIME	LOCATION
M	1/8 - 1/29	5:30 - 6:15 p.m.	GKCC
M	2/5 - 2/26	5:30 - 6:15 p.m.	GKCC
M	3/4 - 3/25	5:30 - 6:15 p.m.	GKCC
M	4/1 - 4/29	5:30 - 6:15 p.m.	GKCC



## Youth Boxing

Develop basic skills of boxing while learning discipline and instilling a sense of respect for self and others. GKCC 7 weeks

ACTIVITY CODE:		244507105		
AGE		FEE		
5 - 17		\$40/GKCC   FREE/ GCC		
DAY	DATES	TIME	AGE	LOCATION
T/Th	1/2	5:30 p.m.	5 - 9	GKCC
T/Th	2/6	5:30 p.m.	5 - 9	GKCC
T/Th	3/5	5:30 p.m.	5 - 9	GKCC
T/Th	4/9	5:30 p.m.	5 - 9	GKCC
T/Th	1/2	6:30 p.m.	10 - 17	GKCC
T/Th	2/6	6:30 p.m.	10 - 17	GKCC
T/Th	3/5	6:30 p.m.	10 - 17	GKCC
T/Th	4/9	6:30 p.m.	10 - 17	GKCC
T/Th	1/2	5 p.m.	8 - 17	GCC
T/Th	3/5	5 p.m.	8 - 17	GCC

## EMPLOYMENT OPPORTUNITIES

Part-time, Seasonal, and Full Time

### Seasonal Recreation Leaders

(Summer Camps)

\$16.12 - 24.58/hour DOQ

### Building Maintenance Worker

(Full Time)

\$18.37 - 28.01/hour DOQ

### Lifeguard

(Seasonal and Part-Time)

\$16.12 - 24.58/hour DOQ



# Martial Arts



## Youth Judo

Students will experience progressive skills in Judo. Classes include warmup, skills practice, and fun. We'll work on a combination of wrestling, throwing, and submissions techniques. Beginner and advanced classes offered.

<b>ACTIVITY CODE:</b> 244508152	
<b>AGE</b>	<b>FEE</b>
6 - 17	\$7/ drop-in, \$40/ month

BEGINNER			
DAY	DATES	TIME	LOCATION
T/Th	1/2 - 1/30	6 - 7:30 p.m.	KCNCC
T/Th	2/6 - 2/28	6 - 7:30 p.m.	KCNCC
T/Th	3/5 - 3/28	6 - 7:30 p.m.	KCNCC
T/Th	4/2 - 4/25	6 - 7:30 p.m.	KCNCC
T/Th	5/2 - 5/30	6 - 7:30 p.m.	KCNCC

ADVANCED			
DAY	DATES	TIME	LOCATION
T/Th	1/2 - 1/30	7 - 8:30 p.m.	KCNCC
T/Th	2/6 - 2/28	7 - 8:30 p.m.	KCNCC
T/Th	3/5 - 3/28	7 - 8:30 p.m.	KCNCC
T/Th	4/2 - 4/25	7 - 8:30 p.m.	KCNCC
T/Th	5/2 - 5/30	7 - 8:30 p.m.	KCNCC



## Adult Judo

Students will experience progressive skills in Judo. Classes include warmup, skills practice, and fun. We'll work on a combination of wrestling, throwing, and submissions techniques.

<b>ACTIVITY CODE:</b> 223100116			
<b>AGE</b>		<b>FEE</b>	
18+		\$7/ drop-in, \$40/ month	
DAY	DATES	TIME	LOCATION
M/Th	1/4 - 1/29	6 - 8:30 p.m.	KCNCC
M/Th	2/6 - 2/28	6 - 8:30 p.m.	KCNCC
M/Th	3/5 - 3/28	6 - 8:30 p.m.	KCNCC
M/Th	4/2 - 4/25	6 - 8:30 p.m.	KCNCC
M/Th	5/2 - 5/30	6 - 8:30 p.m.	KCNCC



## HEMA Swords Class

Heartland HEMA (Historical European Martial Arts) specializes in instructing students of all levels and physical ability in the use of a variety of renaissance and medieval weaponry.

<b>ACTIVITY CODE:</b> 241508167			
<b>AGE</b>		<b>FEE</b>	
18+		\$10/ drop-in, \$40/ month	
DAY	DATES	TIME	LOCATION
M/W	1/3	6 - 8 p.m.	KCNCC
M/W	2/5	6 - 8 p.m.	KCNCC
M/W	3/4	6 - 8 p.m.	KCNCC
M/W	4/1	6 - 8 p.m.	KCNCC

# Ice Sports

## Public Skating

Guests of all ages are welcome to enjoy skating at Line Creek Community Center during our daily Public Ice Skating Sessions! We have ice hockey and figure skates available to rent and we also offer skating trainers for new skaters that may need a little extra assistance on the rink.

Go to [kcparks.org](http://kcparks.org) for available daily times.

<b>ACTIVITY CODE:</b> 244504142			
<b>AGE</b>		<b>FEE</b>	
All ages		\$8/admission, \$2/skate rental	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M	Ongoing	Noon - 1:30 p.m.	LCCC
T	Ongoing	7 - 8:30 p.m.	LCCC
Th	Ongoing	3:45 - 5:45 p.m.	LCCC
Sa	Ongoing	2 - 4 p.m.	LCCC

## Freestyle

This is Ice time dedicated to figure skaters to practice routines and skill development. Please check our freestyle calendar online for available daily times. 30 minute sessions. \$7/session, \$3.25/coaching, \$125/session pass

<b>ACTIVITY CODE:</b> 244504137			
<b>AGE</b>		<b>FEE</b>	
All Ages			
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M - F	Ongoing	Refer to the website	LCCC

## Skating Lessons

This is an on-ice skating program conducted in 30-minute classes. Participants will enjoy learning in a group setting, where they can work on their agility, balance, and skating skills through various on-ice staking instructions.

Go to [learntoskatekc.com](http://learntoskatekc.com) for more information.

<b>ACTIVITY CODE:</b> 244504144			
<b>AGE</b>		<b>FEE</b>	
5+		\$118/ Session	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	1/2 - 2/20	6 p.m. & 6:30 p.m.	LCCC
Th	1/4 - 2/22	6 p.m. & 6:30 p.m.	LCCC
T	2/27 - 4/16	6 p.m. & 6:30 p.m.	LCCC
Th	2/29 - 4/18	6 p.m. & 6:30 p.m.	LCCC

## Adult Skills and Drills

Created for the beginner skater to learn some new skills or just get a great workout through drills and a scrimmage. Sign up at the center only.

<b>ACTIVITY CODE:</b>			
<b>AGE</b>		<b>FEE</b>	
18+		\$18 drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	Ongoing	8:45 - 10 p.m.	LCCC

## Stick and Puck

Come practice and hone your hockey skills in an open practice time. Adults and youth are welcome.

<b>ACTIVITY CODE:</b> 244504147			
<b>AGE</b>		<b>FEE</b>	
All Ages		\$14 drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M - Th	Ongoing	10 - 11 a.m.	LCCC

## Adult Hockey League

Come join one of 4 levels (A, B, C, or D) of adult ice hockey in our Northland Hockey League. The Northland Hockey League offers players within a wide range of skill levels the opportunity to participate in organized, competitive play.

Go to [northlandhockeyleaguekc.com](http://northlandhockeyleaguekc.com) for more information

<b>ACTIVITY CODE:</b> 244504134			
<b>AGE</b>		<b>FEE</b>	
18+		Refer to the website	
<b>DAY</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Su/M/Th/F	1/4	Refer to the website	LCCC

## Try Hockey for FREE

Try Hockey for Free Day allows children ages 3 – 14 the opportunity to learn to skate and play hockey with guidance from USA Hockey certified Coaches. Location: Line Creek Community Center Ice Arena

<b>ACTIVITY CODE:</b> 244504133			
<b>AGE</b>		<b>FEE</b>	
3 - 14		FREE	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	2/24	10 a.m. - Noon	LCCC

## Advanced Adult Stick Time

Geared towards the more advanced hockey players to provide them with an opportunity to maintain and improve their skills on a weekly basis. Friday mornings.

<b>ACTIVITY CODE:</b> 244504133			
<b>AGE</b>		<b>FEE</b>	
18+		Refer to the website	
<b>DAY</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
F	1/5	11 a.m. - Noon	LCCC

## Fitness

### Adult Boot Camp

Fitness Boot Camp helps you get in shape and stay that way. From entry level to novice, participants will work all muscle groups, practice different methods of cardio workouts, and learn healthy eating habits. FREE with Membership.

<b>ACTIVITY CODE:</b> 244501101			
<b>AGE</b>		<b>FEE</b>	
18+		Drop-in \$5/adult, \$3/active ager	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	1/6 - 5/4	9 - 10 a.m.	MWNCC
M/W/F	Ongoing	6 - 7 a.m.	GKCC
T/Th	Ongoing	5:30 - 6:30 p.m.	GKCC
T/W/Th	Ongoing	5:30 - 6:10 p.m.	GCC
W	Ongoing	7 - 8 p.m.	HCCC

### Intro into Weightlifting

Come join us to learn how to properly and efficiently lift weights to gain lean muscle

<b>ACTIVITY CODE:</b> 244507107			
<b>AGE</b>		<b>FEE</b>	
13+		\$5/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/W/Th/F	1/2 - 3/1	1 - 3 p.m.	GCC
T/W/Th/F	1/2 - 3/1	6:30 - 8:30 p.m.	GCC
T/W/Th/F	3/5 - 5/3	1 - 3 p.m.	GCC
T/W/Th/F	3/5 - 5/3	6:30 - 8:30 p.m.	GCC
M	Ongoing	6 - 6:50 p.m.	LCCC
Th	Ongoing	6 - 6:50 p.m.	LCCC
Sa	Ongoing	Noon- 12:50 p.m.	LCCC

## Youth Weights Class

Youth weightlifting classes for kids ages ranging from 13-18; with a focus on building a proper weightlifting workout, proper techniques, and safety regulations in the gym.

<b>ACTIVITY CODE:</b> 244507111			
<b>AGE</b>		<b>FEE</b>	
13 - 18		\$40/ Session   \$7 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	1/6 - 5/4	Noon - 1 p.m.	GCC
Sa	1/6 - 5/4	1:10 - 2:10 p.m.	GCC
Sa	1/6 - 5/4	3:10 - 4:10 p.m.	GCC

### Youth Strength & Conditioning

This program provides entry level Strength & Conditioning to youth athletes no matter the sport you play, the program also gives athletes a jump on training for their spring and summer sport.

<b>ACTIVITY CODE:</b> 244502126			
<b>AGE</b>		<b>FEE</b>	
7 - 12		\$5 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	1/3 - 2/21	6 - 7 p.m.	HCC
W	2/28 - 4/17	6 - 7 p.m.	HCC

### Water Aerobics

Water Aerobics is an exercise program designed to build and increase muscle strength, cardio endurance, flexibility, and toning. A 45 minute session includes a warmup, intervals of muscle sets and cardio, stretching and a cool down. FREE with monthly membership.



<b>ACTIVITY CODE:</b> 223503101			
<b>AGE</b>		<b>FEE</b>	
16+		Drop-in \$5/adult, \$3/active ager	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M/ F	Ongoing	10 - 10:45 a.m.	GKCC
T/ Th	Ongoing	9 - 9:45 a.m.	GKCC
M/ W	Ongoing	6 - 7 p.m.	GKCC

## High Intensity Interval Training

Come challenge yourself with a tough workout that will get your heart rate up and help you lose those extra pounds.

<b>ACTIVITY CODE:</b>		<b>2445110062</b>	
<b>AGE</b>		<b>FEE</b>	
<b>18+</b>		<b>\$5 Drop-in</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/Th	Ongoing	Noon - 1 p.m.	SECC
T/Th	Ongoing	3 - 4 p.m.	SECC



## Mobility and Stretching Class

Work on your flexibility to feel younger and to reduce the risk of injuries as you age.

<b>ACTIVITY CODE:</b>		<b>244511142</b>	
<b>AGE</b>		<b>FEE</b>	
<b>18+</b>		<b>\$5/ day   FREE/ w membership</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W/F	Ongoing	1 - 2 p.m.	SECC
W/F	Ongoing	4 - 5 p.m.	SECC

## Glute Blaster

Come join us if you're looking to tone and shape up your legs and glutes

<b>ACTIVITY CODE:</b>		<b>244511140</b>	
<b>AGE</b>		<b>FEE</b>	
<b>18+</b>		<b>\$5/ day   FREE/ w membership</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/Th	Ongoing	6 - 7 p.m.	SECC

**CLOTHING DONATIONS**  
(THANK YOU!)

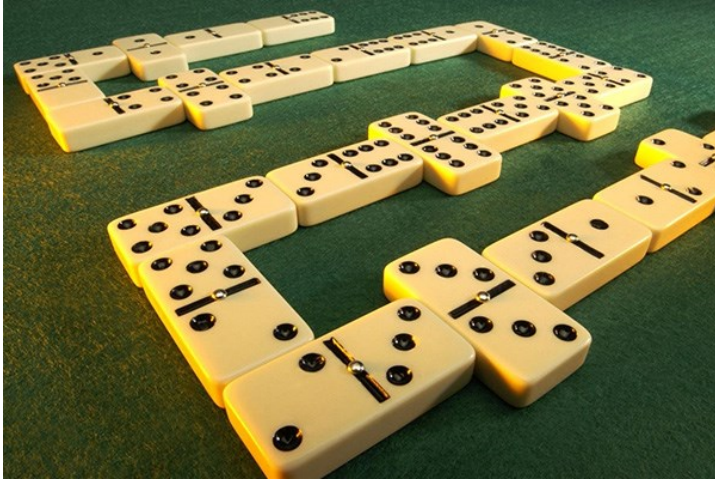
### Clothes & Shoes Giveaway

Time for some spring cleaning! Bring in slightly worn clothes and shoes. Items will be donated to Big Brother and Big Sisters of Kansas City.

March 18 - November 24  
Monday - Sunday  
9 a.m. - 6 p.m.  
Southeast Community Center  
4201 E. 63rd St., KCMO 64130



# Cards and Games



## Dominoes

Staying socially active and engaged with the community while playing a friendly game of Dominoes. Free with membership

<b>ACTIVITY CODE:</b> 244501111			
<b>AGE</b>		<b>FEE</b>	
21+		\$2/ drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	1/2 - 2/20	2 - 4 p.m.	MWNCC
T	3/5 - 4/23	2 - 4 p.m.	MWNCC

## Tony Games Fest

Bring your family and friends for a fun-filled afternoon of competition, laughter, and bonding at our Tony Game Fest! This event features various card, board, and yard games. Whether you're a board game enthusiast or trivia master, there's something for everyone to enjoy.

<b>ACTIVITY CODE:</b> 244506105			
<b>AGE</b>		<b>FEE</b>	
All Ages		\$5/ Adults   \$3/ Senior	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	1/6	3 - 5 p.m.	TACC
Sa	2/3	3 - 5 p.m.	TACC
Sa	3/2	3 - 5 p.m.	TACC
Sa	4/6	3 - 5 p.m.	TACC



## Brush Creek Card Club

Participant will meet and play Bridge, Bizwiz and other card games.

<b>ACTIVITY CODE:</b> 244501109			
<b>AGE</b>		<b>FEE</b>	
50+		\$2/ drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W/Th/F	1/3 - 2/23	Noon - 5 p.m.	MWNCC
W/Th/F	3/6 - 4/26	Noon - 5 p.m.	MWNCC

## Adult Game Night

Come share a fun filled night with your peers. We will offer different games such as Connect Four, Card Games, Bingo and Dominoes.

<b>ACTIVITY CODE:</b> 244510115			
<b>AGE</b>		<b>FEE</b>	
18+		\$10	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	1/17	7 - 8:30 p.m.	WRCC
W	2/21	7 - 8:30 p.m.	WRCC
W	3/20	7 - 8:30 p.m.	WRCC

## Monthly Bingo Bash!

Come join us as we call numbers on our monthly day of Bingo! You will get a chance to meet new people, interact with the staff and maybe walk away with a prize!

<b>ACTIVITY CODE:</b> 244510113			
<b>AGE</b>		<b>FEE</b>	
18+		\$5/ Adults   \$3/ Senior	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	1/17	6 - 7 p.m.	WRCC
W	2/21	6 - 7 p.m.	WRCC
W	3/20	6 - 7 p.m.	WRCC
W	4/17	6 - 7 p.m.	WRCC

## Chess Club

Participants will be introduced to Beginner's chess. They will learn basic checkmates, an opening and a defense, along with the principles of attacking while keeping your pieces safe. Participants will play games every week.

<b>ACTIVITY CODE:</b> 244502111			
<b>AGE</b>		<b>FEE</b>	
7 - 17		\$5 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	1/9 - 2/13	6 p.m.	HCC



### Cocoa and Crafts

Unwind, connect with friends and unleash your creativity with a warm cup of cocoa. This is a hands-on crafting workshop that caters to all skill levels. Our instructors will provide step-by-step guidance, ensuring you leave with a beautifully crafted keepsake. Session fee includes all materials needed to complete your craft.

<b>ACTIVITY CODE:</b>		<b>244506107</b>	
<b>AGE</b>		<b>FEE</b>	
18+		\$25/ class	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	1/9	6 - 7 p.m.	TACC
T	2/13	6 - 7 p.m.	TACC



### Recycled Crafts

Explore the realm of artistic creation using recycled materials as your medium. Through guided instruction and your own creative vision, you'll weave sustainability and creativity together to produce unique keepsakes.

<b>ACTIVITY CODE:</b>		<b>241506123</b>	
<b>AGE</b>		<b>FEE</b>	
18+		\$5/ class	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	3/27	6 - 7 p.m.	TACC
W	4/17	6 - 7 p.m.	TACC
W	5/22	6 - 7 p.m.	TACC

### Garrison Book Club

Join the Garrison Community Center Book Club every 3rd Thursday of each month. We will explore new and exciting stories to discuss! All reading materials will be provided by Kansas City Public Library.

<b>ACTIVITY CODE:</b>		<b>244507101</b>	
<b>AGE</b>		<b>FEE</b>	
18+		FREE	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	1/18	6 - 7:30 p.m.	GCC
Th	2/15	6 - 7:30 p.m.	GCC
Th	3/21	6 - 7:30 p.m.	GCC
Th	4/18	6 - 7:30 p.m.	GCC
Th	5/16	6 - 7:30 p.m.	GCC



### 2 Stepping

Fun night of movement doing the KC two-step. Focusing on beginner and intermediate dancing while working on dance technique, rhythm and body awareness in a caring, nurturing environment.

<b>ACTIVITY CODE:</b>		<b>244505127</b>	
<b>GRADES</b>		<b>FEE</b>	
18+		\$5 Drop-in   \$3 Active Agers	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	1/2 - 3/6	6 - 8 p.m.	MCC
W	3/13 - 5/1	6 - 8 p.m.	MCC

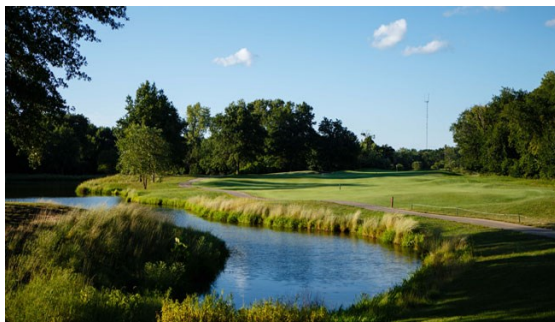
# Golf

***KC Parks' five municipal golf courses offer diverse playing venues and opportunities to learn and play the game of golf, as well as provide green spaces throughout the city.***

The most historic of the five facilities is **Swope Memorial** built in 1915 and redesigned by renowned architect A.W. Tillinghast in 1934. This demanding layout has hosted several championships, including the PGA Kansas City Open in the 1940s and more recently the 2005 USGA Women's Public Links. In 2001 **Shoal Creek Golf Course** became the new flagship of Kansas City's five courses. These two championship courses offer the most skilled players exceptional challenges and depict the true beauty and diversity of the Kansas City landscape.

**Hodge Park Golf Course** in the Northland and **Minor Park Golf Course** in South Kansas City both offer fun, affordable golf for players of any skill level. Each course is designed to pose a challenge and cater to anyone who plays the game. The holes are shorter to allow a relaxing, recreational experience. These family-friendly courses offer a great opportunity to walk and enjoy the health benefits of fresh air and exercise.

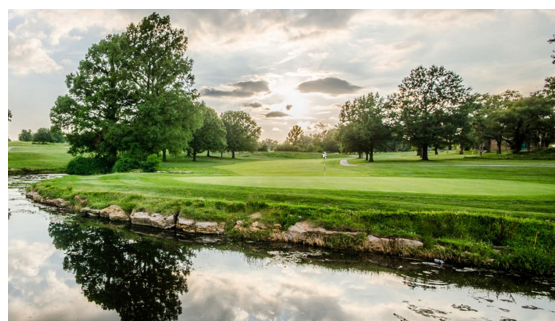
**Heart of America Golf Course / Tom Watson Golf Academy** offers the ultimate learning and playing opportunities in the heart of Swope Park. This facility is pure fun and recreation for anyone of any age and any skill. HOA offers three options: a beautiful regulation-length 9-hole course; a fun par-three 9-hole course; and a Tom Watson-designed junior course. HOA is home of the Tom Watson Golf Academy and also offers the best junior golf programs in Kansas City. The First Tee of Greater Kansas City, an organization that promotes the game of golf to youth in urban areas, has its offices at HOA as well. No matter where you live in Kansas City, these regulation courses provide great values that are convenient and give even the newest golfers a place to learn and play.



**Heart Of America Golf Course**



**Hodge Park Golf Course**



**Minor Park Golf Course**



**Shoal Creek Golf Course**



**Swope Memorial Golf Course**



## KC PARKS PUBLIC GOLF COURSES

### Heart of America Golf Course

7501 Blue River Rd.  
Pro Shop & Tee Times: 816-513-8940  
[hoagolfacademy.com](http://hoagolfacademy.com)

**Features:** Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Meeting Rooms, Practice Facilities

**Courses:** **The River Course:**  
9 holes, 2,604 yards, Par 35  
**The Rock Course:**  
9 holes, 1,641 yards, Par 27  
**The Hill:**  
3-hole junior course, 1,102 yards

### Hodge Park Golf Course

7000 N.E. Barry Rd.  
Pro Shop & Tee Times: 816-781-4152  
[hodgeparkgolf.com](http://hodgeparkgolf.com)

**Features:** Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Junior Golf, Camp, Practice Facilities

**Course:** 6,223 yards, Par 71

### Minor Park Golf Course

11215 Holmes Rd.  
Pro Shop & Tee Times: 816-942-4033  
[minorparkgolfcourse.com](http://minorparkgolfcourse.com)

**Features:** Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Practice Facilities

**Course:** 5,796 yards, Par 70

### Shoal Creek Golf Course

8905 Shoal Creek Pkwy  
Pro Shop & Tee Times: 816-407-7242  
Weddings / Events: 816-407-7242 (Ext. 24)  
[shoalcreekgolf.com](http://shoalcreekgolf.com)

**Features:** Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Meeting Rooms, Banquet Facilities, Practice Facilities

**Course:** 6,983 yards, Par 71

### Swope Memorial Golf Course

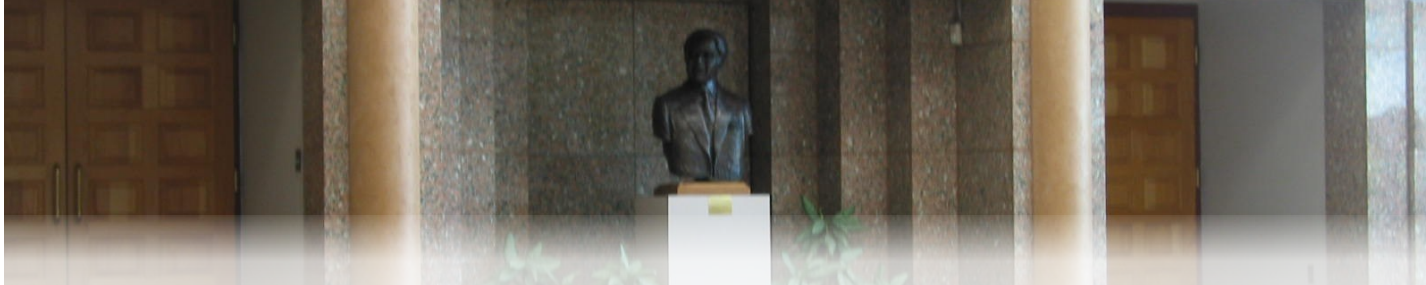
6900 Swope Memorial Dr.  
Pro Shop & Tee Times: 816-513-8910  
[swope memorialgolfcourse.com](http://swope memorialgolfcourse.com)

**Features:** Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Meeting Rooms, Banquet Facilities, Practice Green

**Course:** 6,274 yards, Par 72

### FOOTGOLF

FootGolf is a combination of the popular sports of soccer and golf. The game is played with a regulation No. 5 soccer ball at a golf course on shortened holes with 21-inch diameter cups. The rules largely correspond to golf rules. The first FootGolf course in the KC metro area is located at the current par 3 (The Rock) golf course at the Heart of America Course in Swope Park. Come out, and give it a try!



## BRUCE R. WATKINS CULTURAL HERITAGE CENTER

3700 Dr. Martin Luther King, Jr. Blvd., Kansas City, MO 64130 816-513-0700

### GENERAL INFORMATION

The Center is named in honor of Bruce R. Watkins, a political and social activist. Watkins was fueled by the need to recognize and preserve the varied contributions African-Americans made to the development of Kansas City. The center opened in December 1989 as the outgrowth of Watkins' efforts. Construction of the Center was made possible through the work and contributions of the Bruce R. Watkins Fountain Inc., the Kansas City Parks and Recreation Department, and the State of Missouri.

### HOURS OF OPERATION

Tuesday - Saturday: 10 a.m. - 6 p.m.



## LAKESIDE NATURE CENTER

4701 E. Gregory Blvd., Kansas City, MO 64132 816-513-8960

### GENERAL INFORMATION

Lakeside Nature Center, located in Swope Park, is one of Missouri's largest wildlife rehabilitation facilities and provides educational and recreational opportunities that focus on the environment. The center typically houses about 75 animals including two bald eagles, two turkey vultures, three barred owls, three varieties of hawks and two Kestrel falcons. The Center even has a box turtle named "Wilma" that is thought to be about 80 years old.

### HOURS OF OPERATION

Tuesday - Sunday: 9 a.m. - 4 p.m.  
Closed Mondays and some Holidays

#### Mother Nature Reads:

First Saturday of the month, 10 a.m.

#### Boy Scout Programs:

LNC can be your next Adventure to earn a Badge.

#### Girl Scout Programs:

LNC can be a part of earning Skill-Building Badges and Journey Awards.

#### Habitat Hikes:

Enjoy a guided hike with a naturalist

### ANIMAL ASSISTANCE

If you have a native Missouri animal in need, please call the Center 816-513-8960 and leave a message. You will be contacted shortly and given instructions on what to do.

